

WELCOME! TO THE
BERRYVILLE CHURCH
OF CHRIST

Berryville Bible Beacon

VOLUME 5, ISSUE 35

SEPTEMBER 3RD 2006

IMPORTANT INFO

- We are thankful to God for this new Lord's Day. It is the day we honor His Son and the Love that He has shown us through Him. Let us worship in spirit and in truth!
- Phone: 870-423-3068
- E-mail: bvcoc@alltel.net
- Address: 909 West Trimble, Berryville AR 72616
- Elders: Clay Bozarth
Leon Duncan
Bill Fort
Bruce Foster
Glenn Quigley
- Deacons: Ken Smith
Rusty Windle
- Preacher: Kevin Cauley
- We are located across highway 62 from Pizza Hut.

Excellent Endorphins!

It is no secret that I have been involved in a good amount of exercise over the past several months. One of the things that I have experienced in exercising is the so-called "runner's high." During cardiovascular exercise, the body reaches a point where it releases "feel-good" chemicals known as endorphins. One of the effects of endorphins is (among other things) to minimize minor aches and pains—which, in turn, encourages a person to continue exercising. This "high" can be experienced at different ranges—from a mild "good feeling" to a strong sense of euphoria, depending on how much an individual exerts himself. The result is that the person doing the exercise is encouraged to do more, and also is encouraged to make exercise a general habit.

Endorphins are not only responsible for aid in exercise, but also may prevent the body from experiencing excruciating pain in severe trauma. In the

1970s, this chemical was first discovered by scientists studying the drug morphine. Prior to the 1970s, emergency medical personal were often amazed that some people with serious injuries were lucid enough to communicate and in apparent lack of pain. Researchers discovered that endorphins were an even more pow-



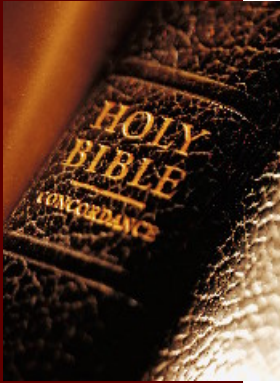
erful chemical than morphine, but without the unpleasant side effects of drug addiction. Endorphins are now known, by scientists and emergency technicians alike, as the morphine made by the body.

Endorphins may also be released from other positive behaviors such as smil-

ing, laughing, meditating, singing, listening to good music, and even eating good food. Is this ability of the body to provide chemicals that encourage good behavior not evidence of good design? Consider the following facts. First, endorphins are dispensed only when needed. Second, they are released only in the dosage that it is required. Third, they are powerful enough to counteract strong pain. Fourth, they are not addictive. Fifth, they encourage good behavior. Sixth, a person must exert a certain amount of positive effort to enjoy their benefits. Those are some of the same types of standards that pharmaceutical companies use as they try to develop beneficial new medicines. The psalmist wrote, "I am fearfully and wonderfully made" (Psalm 139:14). How wonderful it is to know that the human body that God made for us has such incredible design!

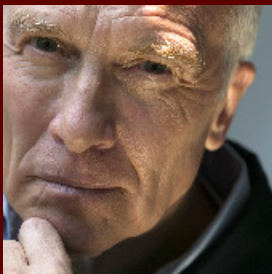
Kevin Cauley

Bible Studies for the Week of September 3rd, 2006



AM Sermon.....	The Blessing of Being God's Children
Scripture Reading	1 John 3:1-3
PM Sermon	A Review of Romans—Part 3
Scripture Reading	Romans 7:1-6
Sunday Class	The Book of Matthew
Wednesday Class	TBA
Ladies Bible Class	The Book of Titus
Nursing Home Bible Study.....	The Book of John

“Reliable studies indicate that 86 percent of rapists use pornography regularly.”



Looks to Lust!

In the great Sermon on the Mount Jesus said: “That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.” (Matthew 5:28). Such a sin is amazingly easy to commit. The world around us parades nearly nude women before us. If not nearly bare, then designed to seduce.

The entertainment industry honors no guidelines for decency. Therefore, anything goes.

Many of us never heard of pornography until a few years ago. The worst we saw as teenagers was pin-up girls but no nudity. Pornography is a growing problem in our world today. It is recognized as the third largest money-maker for organized crime. It follows close behind drugs and gambling.

Someone asks, “does it hurt to look?” You are not the same person after having looked. Reliable studies indicate that 86 percent of rapists use pornography regularly.

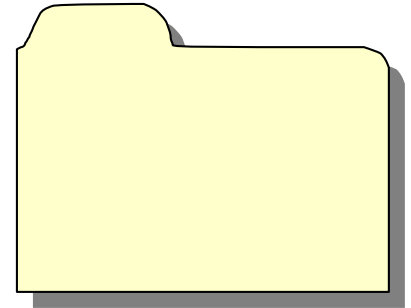
Approximately 72 million visits are made yearly to pornographic sites. 100,000 young people are solicited for sex via the Internet every day.

Pornography is a very insidious evil. It quickly becomes addictive and is readily available. It very quickly destroys a home, alienates parents from their children and separates one from salvation. Do you know what your children are watching? What about your husband/wife?

John Davis

For The Files: August 27th, 2006

Sunday Bible Class.....	63
Sunday AM Worship	75
Sunday PM Worship	59
Wednesday Night Study	55
Contribution.....	\$1595.50
Budget.....	\$1743.39



Kevin's Korner

It has been a fairly ordinary week for the Cauley family. This past Monday, Mary Lynn, Eddie, and I went over to Fayetteville to visit John Gass in the VA hospital there. We had a good visit while there. John came back home this past Thursday and is slowly recovering. We sure are anxious to have him back in our services. Tuesday morning I volunteered at the community center as is my custom. Their annual volunteer's appreciation banquet is coming up on Monday, September 24th at 6:30 PM. We have our meeting scheduled on the same night, but we are going to try to make a quick appearance over there and then hustle back to the building for our meeting that evening. Since school has started, I have been going to the community center to exercise each morning before heading to the office in the afternoon. This past

Wednesday, I overdid it a bit and ended up hurting my back when I went to exercise on Thursday. So, I decided to take a break from exercise this past Friday morning. As was announced this past Wednesday night, our gospel meeting has been moved up to September 24th-27th. We will meet at our regular times on Sunday and then at 7:00 each evening. This is one week earlier than we had planned it. In the foyer you will find some flyers for this event. The speaker, brother John Davis, comes from Beaumont, Texas and will be staying with Bill and Lucille Fort during the time that he is here. If you would like to take him out for lunch or dinner on one of these days, please get with the Forts and let them know. At the end of this week, we have an opportunity to let others in our community know

more about the church at the county fair. This coming Thursday, Friday, and Saturday we will have a booth at the fair. We have several who have already volunteered, but we still need more! This is a great opportunity to let others know about the church of Christ. Please avail yourself of it and sign up today! On the back bulletin board I have posted an article from Counseling Research News that tells how teens who listen to sexually explicit lyrics often end up having sex earlier than they would otherwise. Other research has shown that watching television with sexually explicit material produces the same results. It is a powerful reminder that the things that we see and hear do have an influence on our lives. The Christian needs to be constantly aware of that influence, that it be for good and not for ill. (Psalm 119:11)

“...teens who listen to sexually explicit lyrics often end up having sex....”



Announcements

- Please remember in prayer: Janis Camp, Brent Foster, Opal Hull, John Gass, Charlene Pinkley.
- Katie Williams is leaving tomorrow to go to Italy to study for a semester. Let's be sure to send with her our well wishes and keep her in our prayers. Good luck Katie!
- The monthly elders and deacons meeting will be held tonight after services. If you have an item for their review, please see one of these men.
- Ladies Bible class will resume this coming Wednesday morning at 10:30 AM. We will be studying the book of Titus.
- We still need individuals to volunteer for our booth at the county fair. If you can sign up for an hour Thursday, Friday, or Saturday night, please do so!
- Our monthly men's breakfast will be this coming Saturday morning at 7:00 AM. All are invited!
- Our gospel meeting is coming up real soon. The elders have moved it to begin on the 24th. Let's start inviting our friends, family, and neighbors! There are flyers in the back for this effort.
- Our pantry item is: Peanut Butter.

God's Salvation Plan

1. **Hear** the Gospel—Romans 10:17
2. **Believe** on the Lord & His Word—Mark 16:16; John 8:24
3. **Repent** of your sins—Luke 13:3,5; Acts 17:30
4. **Confess** Christ—Matthew 10:32,33; Luke 12:8; Romans 10:9
5. **Be Baptized** for the remission of sins—Acts 2:38; Mark 16:16; Galatians 3:27
6. Live a **faithful**, dedicated life—Revelation 2:10; 2 Peter 1:5-10

Welcome!

Visit our web site: <http://www.the-churchofchrist.com>

Times for Worship and Study

Sunday Morning Bible Class:	9:30 AM
Sunday Morning Worship:.....	10:20 AM
Sunday Evening Worship:	6:00 PM
Wed. Ladies Bible Class:	10:30 AM
Wed. Evening Bible Class:	7:00 PM

Serving Each Other

September 3rd, 2006

September 10th, 2006

Sunday Morning

Songs:	Bill Fort	Ken Smith
Preaching:	Kevin Cauley	Kevin Cauley
Opening Prayer:	Leon Duncan	George Eddings
Scripture Reading:	Matthew Morrell	Leon Duncan
Lord's Table	Clay Bozarth	Dan Hand
	Bruce Foster	Leon Duncan
(assist)	Michael Morrell	Matthew Morrell
	Jerry Roller	Brandon Foster
Closing Prayer	Ray Duncan	John Gass

Sunday Evening

Songs:	Rusty Windle	Bruce Foster
Preaching:	Kevin Cauley	Kevin Cauley
Opening Prayer:	Dan Hand	Clay Bozarth
Scripture Reading:	George Eddings	Kelly Ray Webb
Lord's Table	Brandon Foster	Leon Duncan
	John Gass	Jack Gentry
Closing Prayer	Ken Smith	Ervin Hand

Wednesday

Songs:	Glenn Quigley	Glenn Williams
Opening Prayer:	Clay Bozarth	Dan Hand
Invitation:	Dale Pinkley	Ken Smith
Closing Prayer:	Bruce Foster	Dale Pinkley

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